



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# April Aquatic Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WATER AEROBICS</b>						
	<b>6:00A-7:00A</b> Deep Water Aerobics	<b>6:00A-7:00A</b> Deep Water Aerobics	<b>6:00A-7:00A</b> Deep Water Aerobics	<b>6:00A-7:00A</b> Deep Water Aerobics	<b>6:00A-7:00A</b> Deep Water Aerobics	
	<b>9:00A-10:00A</b> Aquacise	<b>9:00A-10:00A</b> Water Aerobics	<b>9:00A-10:00A</b> Aquacise	<b>9:00A-10:00A</b> Water Aerobics	<b>9:00A-10:00A</b> Aquacise	<b>9:00A-10:00A</b> Aqua Aerobics
	<b>10:00A-11:00A</b> Water Aerobics	<b>10:00A-11:00A</b> Aquatic Strength & Stretch	<b>10:00A-11:00A</b> Water Aerobics	<b>10:00A-11:00A</b> Aquatic Strength & Stretch	<b>10:00A-11:00A</b> Water Aerobics	
	<b>5:30P-6:30p</b> Aqua Aerobics		<b>5:30P-6:30P</b> Aqua Aerobics		<b>5:30P-6:30P</b> Aqua Aerobics	
<b>ADULT SWIM/LAP</b>						
Lanes are reserved for 18+. Swim Team may use adult lanes; but will be asked to move for adults)	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>8:00A-9:00P</b>
	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	
	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	<b>2:00A-8:45P</b>	<b>10:00A-4:45P</b>
	<b>1:00P-4:45P</b>	<b>7:15p-8:45P</b>		<b>7:15p-8:45P</b>		
<b>FAMILY OPEN SWIM</b>						
	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>6:00A-8:45A</b>	<b>8:00A-9:00A</b>
	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-1:00P</b>	<b>11:00A-4:45P</b>
	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	<b>2:00P-5:30P</b>	
<b>1:00P-4:45P</b>		<b>7:15p-8:45P</b>		<b>7:15p-8:45P</b>	<b>6:30p-8:45P</b>	
<b>SWIM LESSONS</b>						
	<b>1:00P - 2:00P</b> Frist Grade Swim 4/15-4/26	<b>1:00P - 2:00P</b> Frist Grade Swim 4/15-4/26	<b>1:00P - 2:00P</b> Frist Grade Swim 4/15-4/26	<b>1:00P - 2:00P</b> Frist Grade Swim 4/15-4/26	<b>1:00P - 2:00P</b> Frist Grade Swim 4/15-4/26	
	<b>6:30P - 8:45P</b> Swim Lessons		<b>6:30P - 8:45P</b> Swim Lessons			<b>9:00A - 10:45A</b> Swim Lessons
<b>SWIM TEAM</b>						
	<b>5:30P - 7:15P</b> Marlins (3 Lanes)	<b>5:30P - 7:15P</b> Marlins (ALL Lanes)	<b>5:30P - 7:15P</b> Marlins (3 Lanes)	<b>5:30P - 7:15P</b> Marlins (ALL Lanes)		<b>7:00A - 9:00A</b> Marlins Swim Team
<b>WATER POLO</b>						
<b>3/10 @5pm</b> Water Polo Practice		<b>7:30P-8:45P</b> Water Polo (All lanes)		<b>7:30P-8:45P</b> Water Polo (All lanes)		
<b>3:00P-4:45P</b> Water Basketball	<b>7:30P-8:45P</b> Water Basketball		<b>7:30P-8:45P</b> Water Basketball		<b>7:30P-8:45P</b> Water Basketball	<b>3:00P-4:45P</b> Water Basketball

